

CO-OP Approach Consolidation Day December 9, 2021 1:00pm – 4:00pm Eastern Time Presented by Erin Iverson, PT, DPT, PCS and Patti Sharp, OTD, OTR/L, BCP

CO-OP Consolidation Day is designed for therapists who have already completed the 2-day CO-OP Workshop. This training builds on the knowledge and skills you have gained from the previous training, and from your experience of applying the approach with your clients. The instructors will guide self-reflection of your implementation of CO-OP to identify areas of successes and breakdowns. Lecture, videos, and case discussions will be used to reinforce 7 Key Features of CO-OP and ensure that you are achieving the 4 Main Objectives when using the approach. You will leave this course with renewed energy and a plan to deliver CO-OP competently and with fidelity.

CO-OP Certification

After completing this Consolidation Day, attendees are eligible for certification through iCAN (the International Cognitive Approaches Network, formerly the CO-OP Academy). Click <u>here</u> for more details. (<u>https://icancoop.org/pages/becoming-a-certified-co-op-therapist</u>)

Audience: OTs, OTAs, PTs & PTAs who have completed the 2-day basic CO-OP Training

Educational Level: Intermediate

Learning Objectives

At the completion of this course, attendees will be able to:

1. Identify 2 areas of success in the application of the CO-OP approach in one's practice

2. Determine 2 areas that require improvement in the application of the CO-OP approach in one's practice

3. Generate 3 strategies to improve the use of CO-OP in helping clients participate in the areas of self-care, play, leisure, education or other meaningful activities

Instructor Background

Erin Iverson PT, DPT, PCS is a pediatric physical therapist at Cincinnati Children's Hospital Medical Center (CCHMC). She earned her DPT from Ohio University in 2010 and became a Board-Certified Clinical Specialist in Pediatric Physical Therapy in 2015. Erin is contributing to the development of the Clinical Practice Guideline for Developmental Coordination Disorder (DCD) sponsored by the APTA. She has a strong passion for spreading awareness of DCD to practitioners and caregivers in hopes of providing treatment to this under-diagnosed and under-served population.

Patti Sharp, OTD, MS, OTR/L is an occupational therapist with 19 years of pediatric experience and works in outpatient at Cincinnati Children's Hospital Medical Center (CCHMC). She received her Master's in occupational therapy from Washington University in St. Louis in 2001, her Doctorate from Rocky Mountain University of Health Professions in 2012, and her AOTA Board Certification in Pediatrics in 2019. She previously worked in burns and neurorehabilitation, but now focuses on enhancing care in the developmental world.

Together, Erin and Patti lead the Developmental Coordination Disorder Translating Research And Clinical Knowledge Team, otherwise known as the DCD TRACK Team at Cincinnati Children's. They are certified as Cognitive Orientation to daily Occupational Performance (CO-OP) therapists and are two of the few Certified CO-OP Instructors in the United States.